PET/CT in infective endocarditis

Sherif El-Refaei, MD, FEBNM Prof of Nuclear Medicine Faculty of Medicine, Cairo University



PET

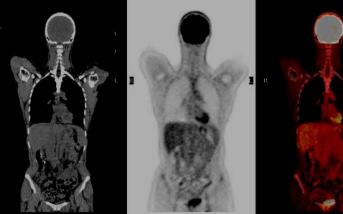
Hybrid imaging



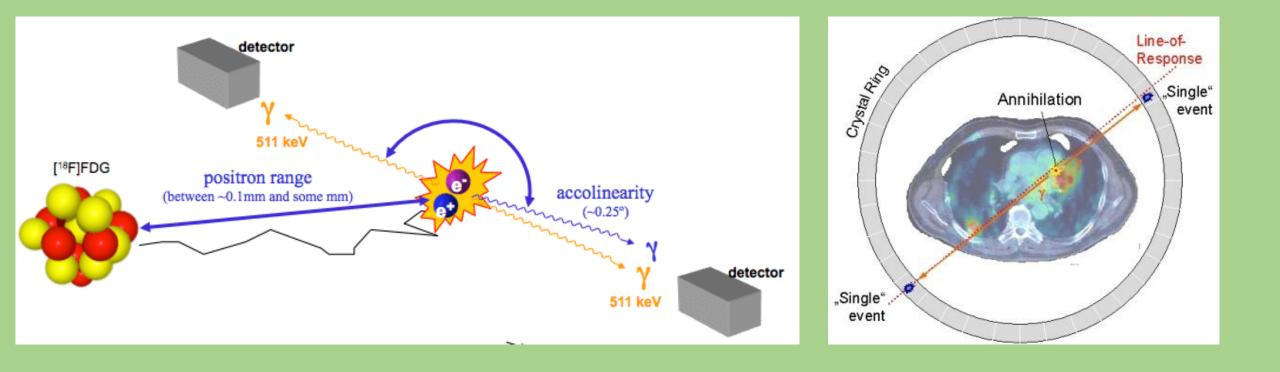


CT

PET-CT

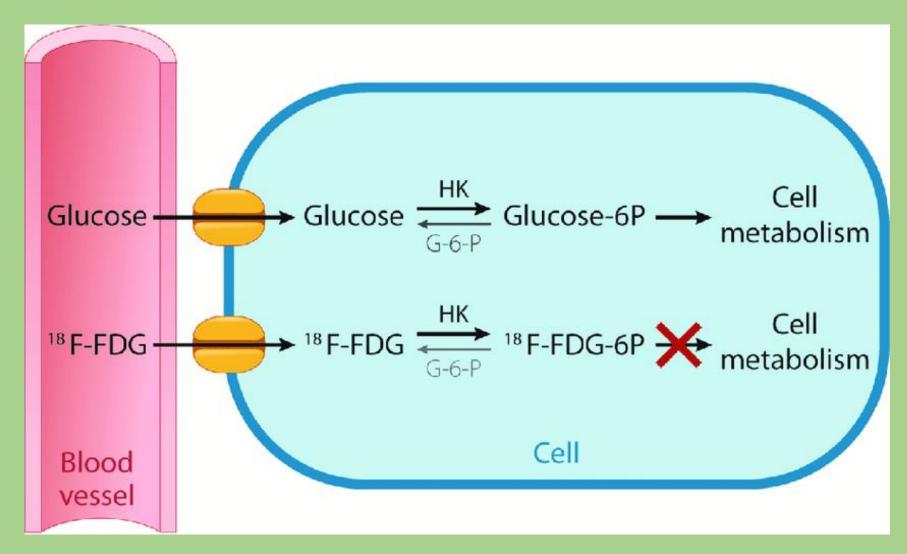


PET: Positron Emission Tomography



			_	_	
Isotope	Half-live	β+ Decay Fraction	Mean β⁺Energy	Mean β+Range	Production
Carbon-11	20.385 min	99%	386 keV	1.266 mm	cyclotron
Nitro gen-13	9.965 min	100%	488 keV	1.730 mm	cyclotron
Oxygen-15	122.24 sec	100%	735 keV	2.965 mm	cyclotron
Fluorine-18	109.77 min	97%	252 keV	0.660 mm	cyclotron
Copper-62	9.67 min	93%	1.314 MeV	6.077 mm	generator
Copper-64	12.70 hr	17%	278 keV	0.688 mm	reactor or cyclotron
Gallium-68	68.06 min	88%	844 keV	3.559 mm	generator
Rubidium-82	1.273 min	96%	1.551 MeV	7.491 mm	generator
Iodine-124	4.18 days	23%	819 keV	~ 1.7 mm	cyclotron

FDG: Fluorodeoxyglucose



CARDIAC PET/CT

- Myocardial viability
- Myocardial perfusion
- Infection
 - Prosthetic and native valve endocarditis
 - cardiac implantable electronic devices IE
 - Vascular graft infection
- Cardiac sarcoidosis
- Cardiac masses

The 2023 Duke-International Society for cardiovascular Infectious Disease Criteria for Infective Endocarditis: Updating the Modified Duke Criteria *Clinical Infectious Diseases*, Volume 77, Issue 4, 15 August 2023

B. Imaging Major Criteria

(1) Echocardiography and cardiac computed tomography (CT) imaging

i. Echocardiography and/or **cardiac CT** showing vegetation,^e valvular/leaflet perforation,^f valvular/leaflet aneurysm,^g abscess,^h pseudoaneurys intracardiac fistula^j

or

ii. Significant new valvular regurgitation on echocardiography as compared with previous imaging. Worsening or changing of preexisting regurgitation is not sufficient.

or

iii. New partial dehiscence of prosthetic valve as compared with previous imaging [52]

(2) Positron emission computed tomography with 18F-fluorodeoxyglucose ([18F]FDG PET/CT imaging)

Abnormal metabolic activity^k involving a native or prosthetic valve, ascending aortic graft (with concomitant evidence of valve involvement), intracardiac device leads or other prosthetic material^{l,m}

Values of FDG PET/CT in suspected IE

- Establish the diagnosis of IE
- Detection of portal of entry (cutaneous, dental, GIT).
- Evaluation of disseminated disease
- Identification of other foci of infection should IE be ruled out
- Prognosis
- FDG- PET/CT is mainly applied when the diagnosis remains uncertain after other diagnostic tests are performed

Indications of FDG PET/CT in suspected IE

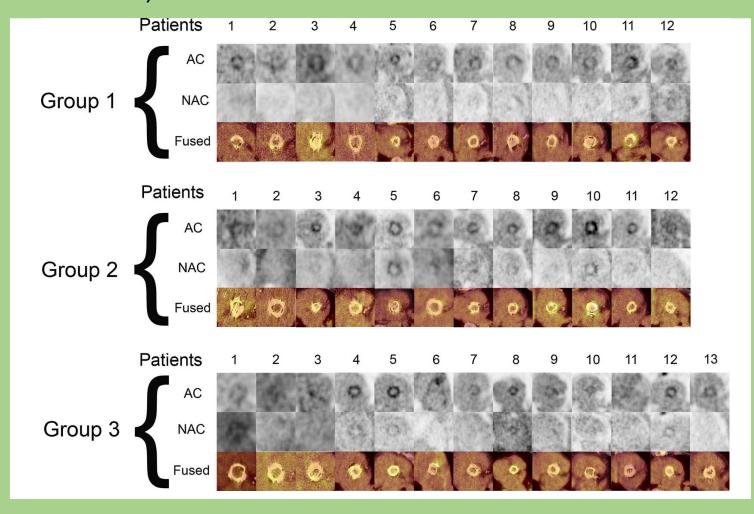
Native value endocarditis	Prosthetic valve endocarditis	Cardiac device related endocarditis		
	Chaocarantis	Pocket infection	Lead infection	
Detect disseminated disease	.Detect intracardiac lesions .Detect disseminated disease	.Detect pocket lesion .Detect disseminated dissase	.Detect intracardiac lesions .Detect disseminated disease	
Intracardiac lesion detection <mark>Sensitivity: 36%</mark> Specificity: 98%	Intracardiac lesion detection Sensitivity: 86% Specificity: 84%	Pocket lesion detection Sensitivity: 93% Specificity: 98%	Intracardiac lesion detection Sensitivity: 65% Specificity: 88%	

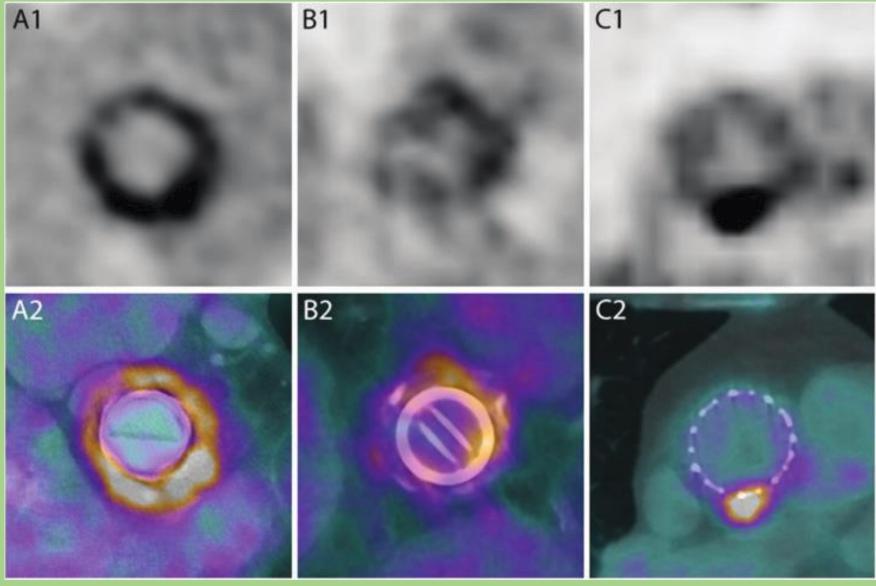
18F-FDG PET/CT in Infective Endocarditis: Indications and Approaches for Standardization. Ten Hove et al., Current Cardiology Reports (2021) 23: 130

Timing of FDG PET/CT

- After surgery
 - 1-3 months delay is recommended to decreased false positive results.
 - Negative study early post operatively excluds IE.
 - False positive with the use of
 - Surgical adhisive (BioGlue)
 - Specific bioprosthetic mitral valve type (medtronic Mosaic)
- Antibiotics: appropriate antiboiotics decrease inflammation leading to flase negative results (C reactive protein less than 40 mg/L is associated with false negative results).

Normal imaging findings after aortic valve implantation on 18F-Fluorodeoxyglucose positron emission tomography with computed tomography J Nucl Cardiol 2021;28:2258–68





IE

IE after 14 days of antibiotics

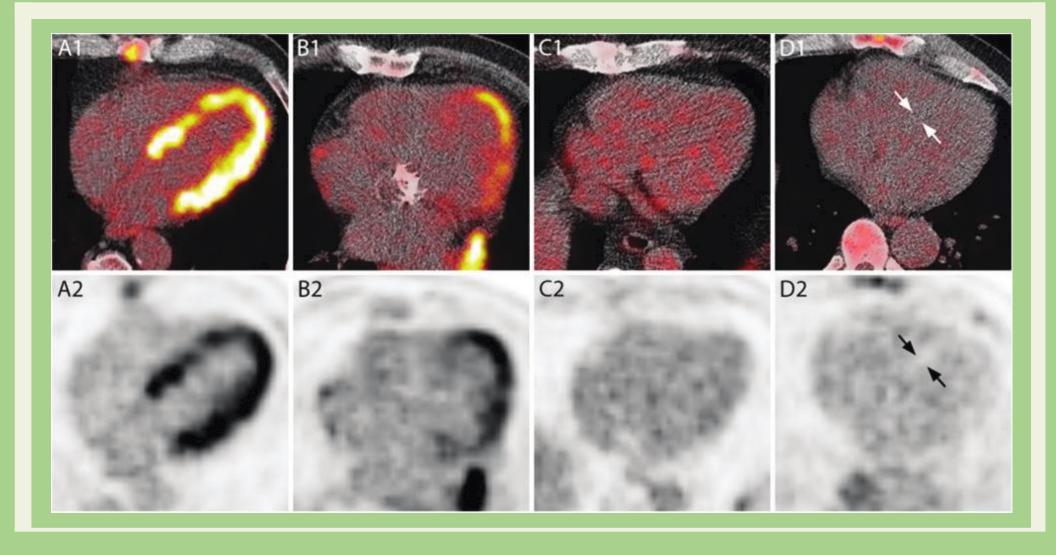
IE

European Heart Journal (2018) 39, 3739–3749

Patient reparation

• The aim is to decrease physiologic cardiac FDG uptake

- Fasting 12-18 hours
- Low carbohydrate high fat diet for 24 hours before the study
- Heparin IV 15-30 min before FDG injection (controvertial)



6 hours fasting

6 hours fasting + 24 hours low carb diet 12 hours fasting + 24 hours low carb diet

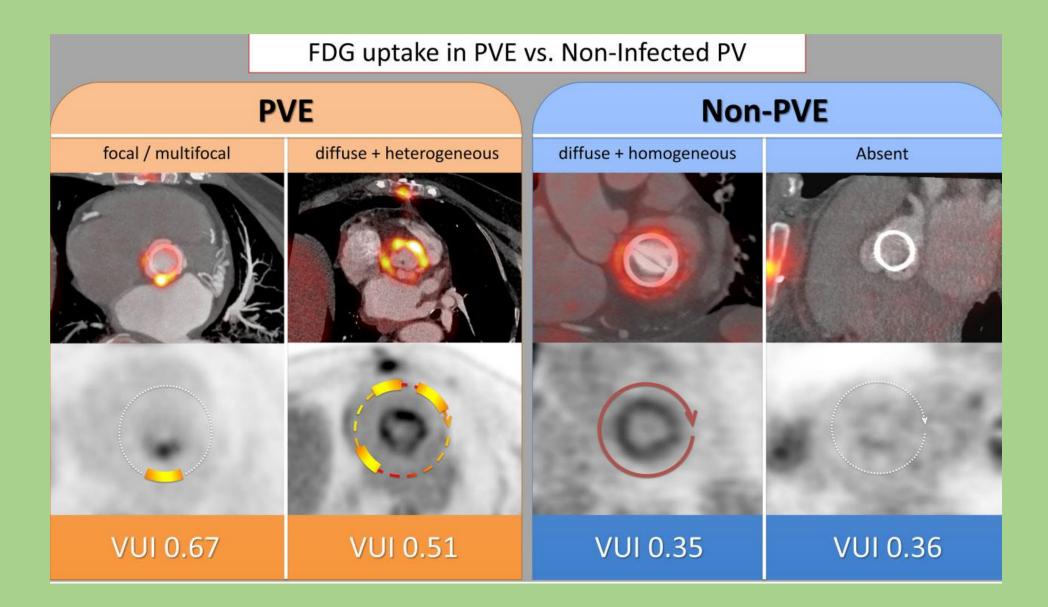
6 hours fasting + 24 hours low carb diet + 50IU IV heparin 15 min before FDG injection

European Heart Journal (2018) 39, 3739–3749

Image interpretation

	Negative for IE	Positive for IE	
Qualitative	Mild/no uptake	Intense uptake	
	Diffuse uptake	Focal uptake	
	Homogenous uptake	Heterogenous uptake	
Quantitative	SUVratio < 2	SUVratio > 2	
	Valve uptake index < 0.45	Valve uptake index > 0.45	

Visual assessment must be performed on both attenuation corrected and non-attenuation corrected images

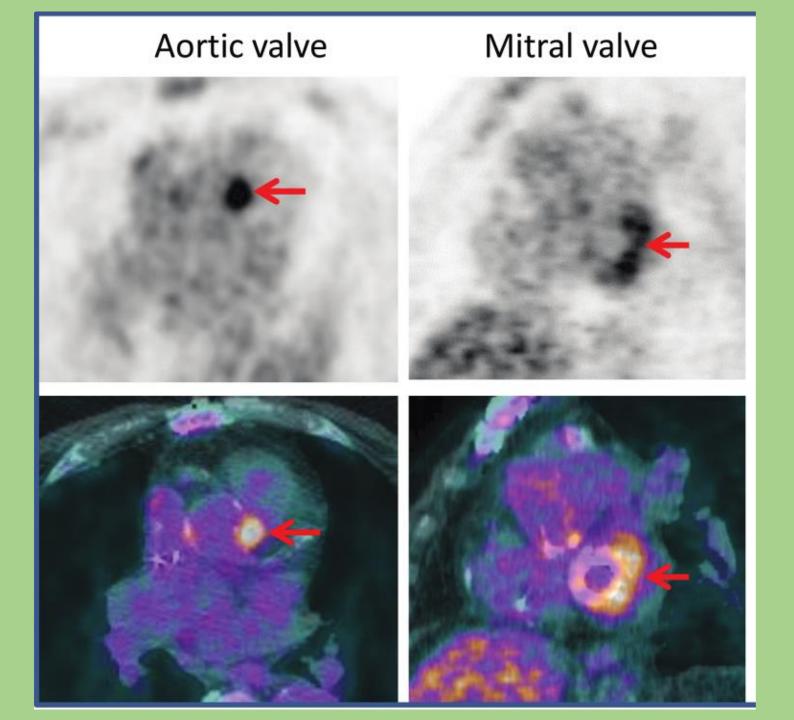


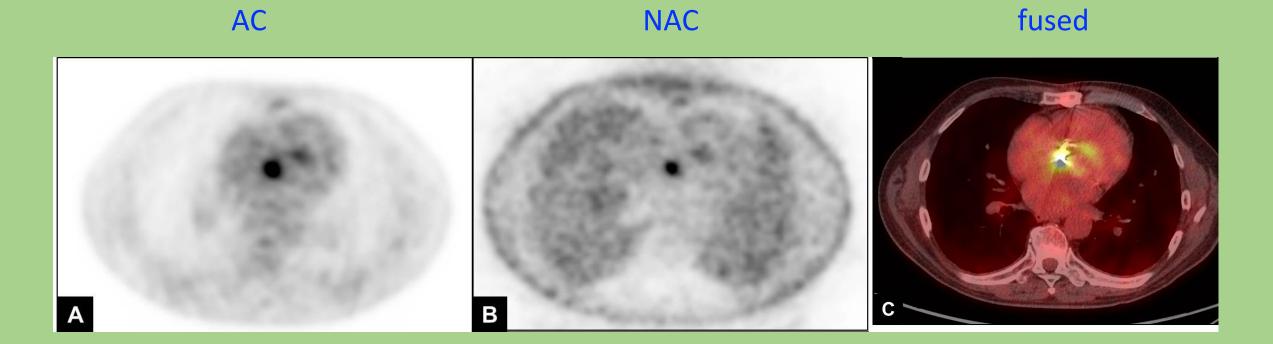
European Heart Journal - Cardiovascular Imaging (2022) 23, 1260–1271

b а С d

NAC

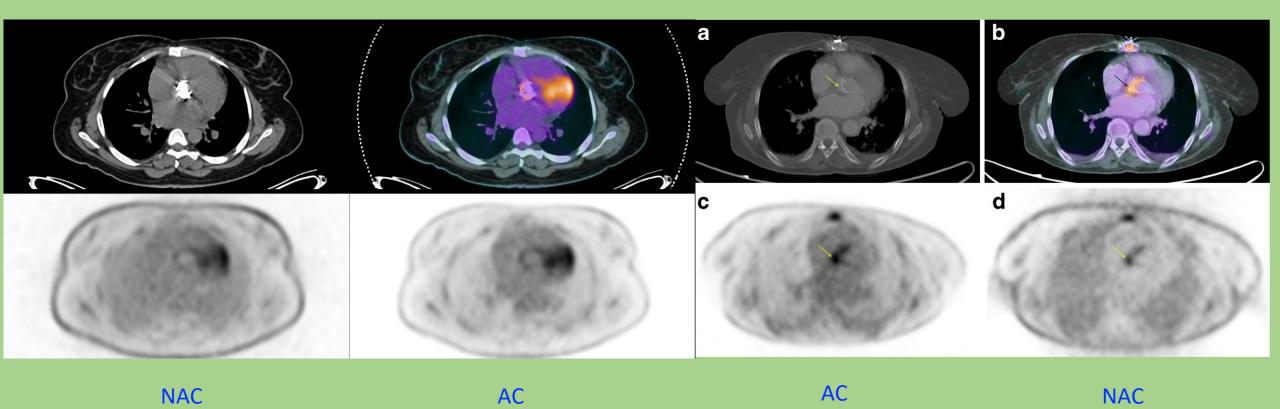
AC



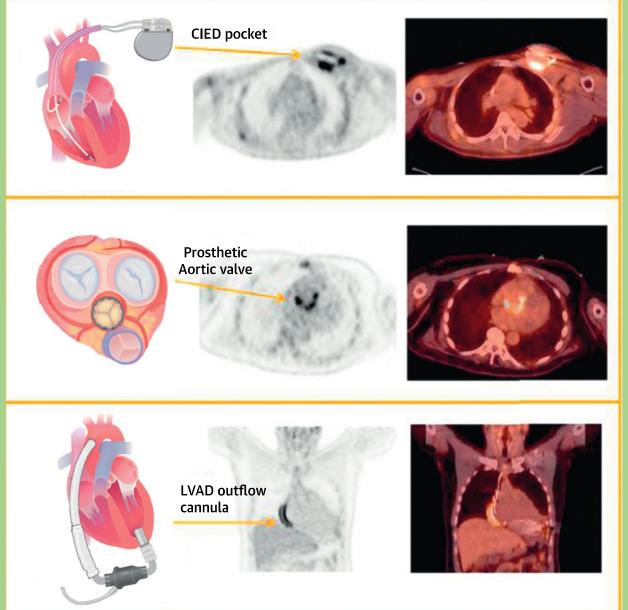


Negative for IE

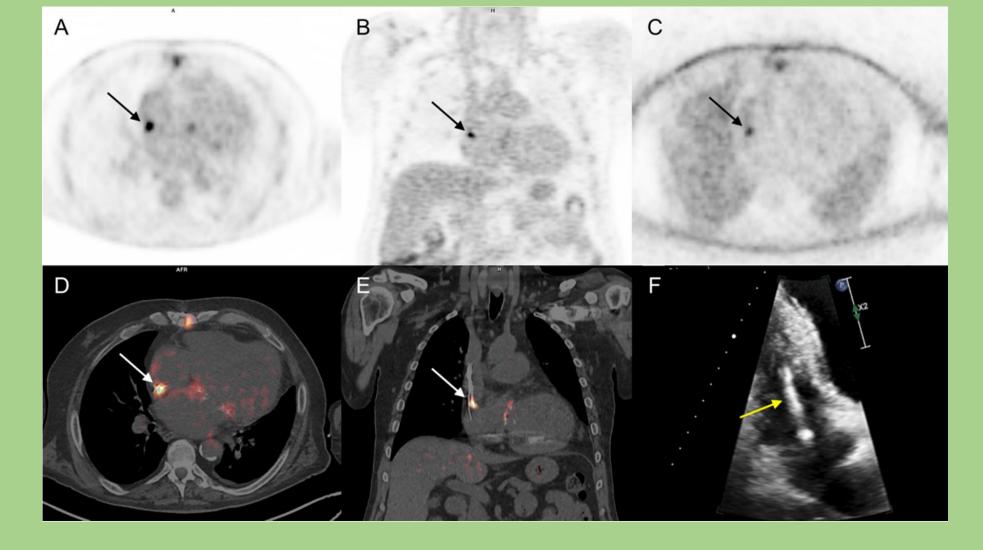
Positive for IE



cardiac implantable electronic devices IE

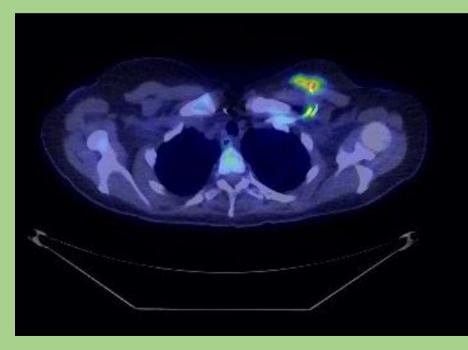


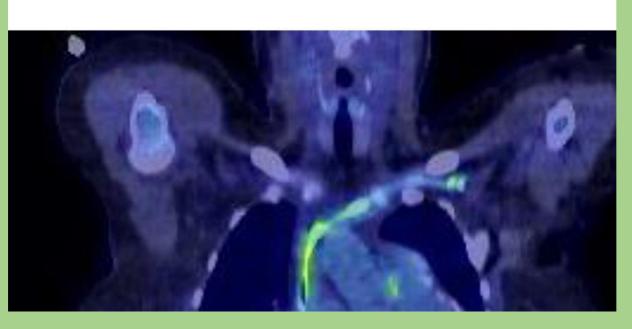
Chen, W. et al. J Am Coll Cardiol Img. 2018;11(11):1679–91.

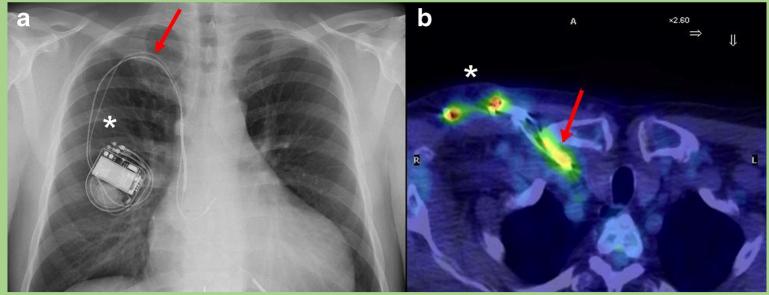


implantable cardiac defibrillator lead IE Pretet et al., Diagnostics 2021, 11, 720

Mahmood and Abu Saleh, Seminars in Nuclear medicine, 2020





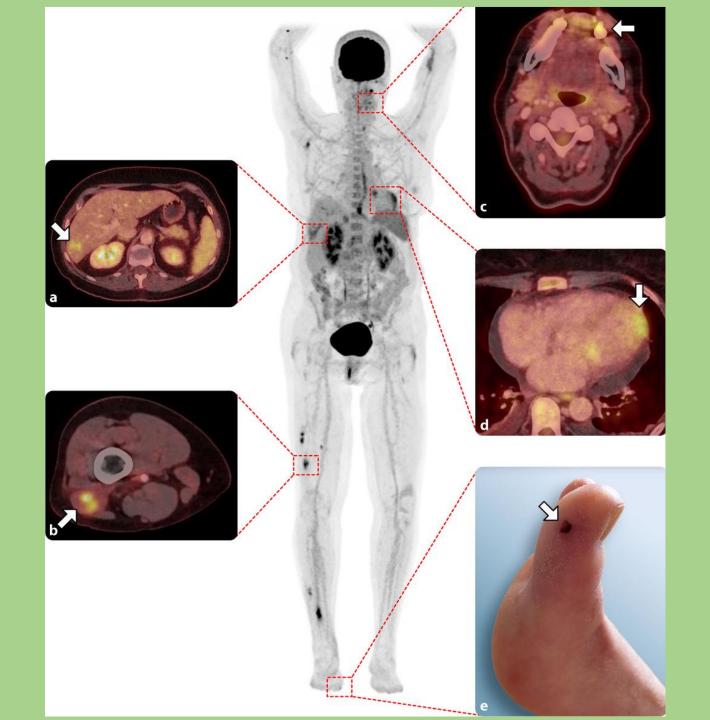


Distant embolisation in infective endocarditis: characteristics and outcomes

Mariëlle G. J. Duffels · Tjeerd Germans · Annet Bos-Schaap · Olivier Drexhage · Jiri F. P. Wagenaar · Friso M. van der Zant · Martine Hoogewerf · Remco J. J. Knol · Victor A. W. M. Umans D

Neth Heart J (2023) 31:390–398

- 157 patients
- Incedence of distant embolization 24%
- Cerebral and coronary embolization provoked symptoms, while visceral emboli remained silent.



MAJOR ARTICLE



Impact of Systematic Whole-body ¹⁸F-Fluorodeoxyglucose PET/CT on the Management of Patients Suspected of Infective Endocarditis: The Prospective Multicenter TEPvENDO Study

Xavier Duval,^{1,2,3,4} Vincent Le Moing,⁵ Sarah Tubiana,^{1,2,3} Marina Esposito-Farèse,^{1,2,6} Emila Ilic-Habensus,^{1,2} Florence Leclercq,⁷ Aurélie Bourdon,⁸ François Goehringer,⁹ Christine Selton-Suty,¹⁰ Elodie Chevalier,¹¹ David Boutoille,¹² Nicolas Piriou,^{13,14} Thierry Le Tourneau,¹³ Catherine Chirouze,¹⁵ Marie-France Seronde,¹⁶ Olivier Morel,¹⁷ Lionel Piroth,¹⁸ Jean-Christophe Eicher,¹⁹ Olivier Humbert,²⁰ Matthieu Revest,^{21,22} Elise Thébault,²² Anne Devillers,²³ François Delahaye,²⁴ André Boibieux,²⁵ Bastien Grégoire,²⁶ Bruno Hoen,⁹ Cédric Laouenan,^{1,2,3,4,6,a} Bernard lung,^{1,2,3,4,a} and François Rouzet^{1,2,3,4,27,a}; for the AEPEI-TEPvENDO study group

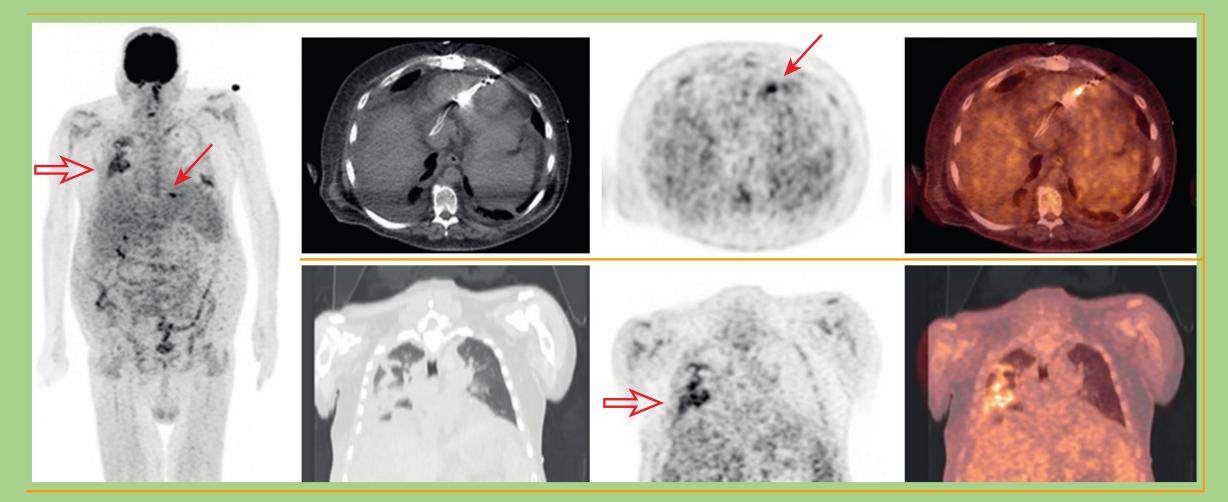
¹INSERM CIC 1425, Paris, France, ²AP-HP, University Hospital of Bichat, Paris, France, ³INSERM UMR-1137 IAME, Paris, France, ⁴University Paris Diderot, Paris 7, UFR de Médecine-Bichat, Paris, France, ⁵Department of Infectious Diseases, University Hospital of Montpellier, Montpellier, France, ⁶Unité de Recherche Clinique, AP-HP, HUPNVS, Hôpital Universitaire Paris Nord-Val de Seine, Paris, France, ⁷Department of Cardiology, University Hospital of Montpellier, Montpellier, France, ⁸Department of Nuclear Medicine, University Hospital of Montpellier, France, ⁹Department of Infectious Diseases, University Hospital of Nancy, Nancy, France, ¹⁰Department of Cardiology, University Hospital of Nancy, Nancy, France, ¹¹Department of Nuclear Medicine, University Hospital of Nancy, Nancy, France, ¹²Department of Infectious Diseases, CIC UIC 1413 INSERM, University Hospital of Nantes, Nantes, France, ¹⁵University Hospital of Besançon, France, ¹⁴Department of Nuclear Medicine, Nantes University Hospital of Nantes, Nantes, France, ¹⁵University Hospital of Besançon, France, ¹⁴Department of Nuclear Medicine, Nantes University Hospital of Besançon, Besançon, France, ¹⁷Department of Infectious Diseases, University Hospital of Dijon, INSERM CIC 1432, CHU Dijon, France, ¹⁹Department of Suclear Medicine, University Hospital of Dijon, Dijon, France, ¹⁰Department of Infectious Diseases, University Hospital of Dijon, Dijon, France, ¹⁹Department of Nuclear Medicine, University Hospital of Dijon, INSERM CIC 1432, CHU Dijon, France, ¹⁹Department of Cardiology, University Hospital of Dijon, Dijon, France, ²⁰Department of Nuclear Medicine, University Hospital of Dijon, Dijon, France, ²¹Department of Nuclear Medicine, University Hospital of Dijon, Dijon, France, ²²INSERM CIC 1414, University Hospital of Rennes, France, ²³Department of Nuclear Medicine, University Hospital of Lyon, Lyon, France, ²⁶Department of Nuclear Medicine, AP-HP, University Hospital of Lyon, Lyon, France, ²⁶Department

Duval et al., Clinical infectious diseases 2021:73

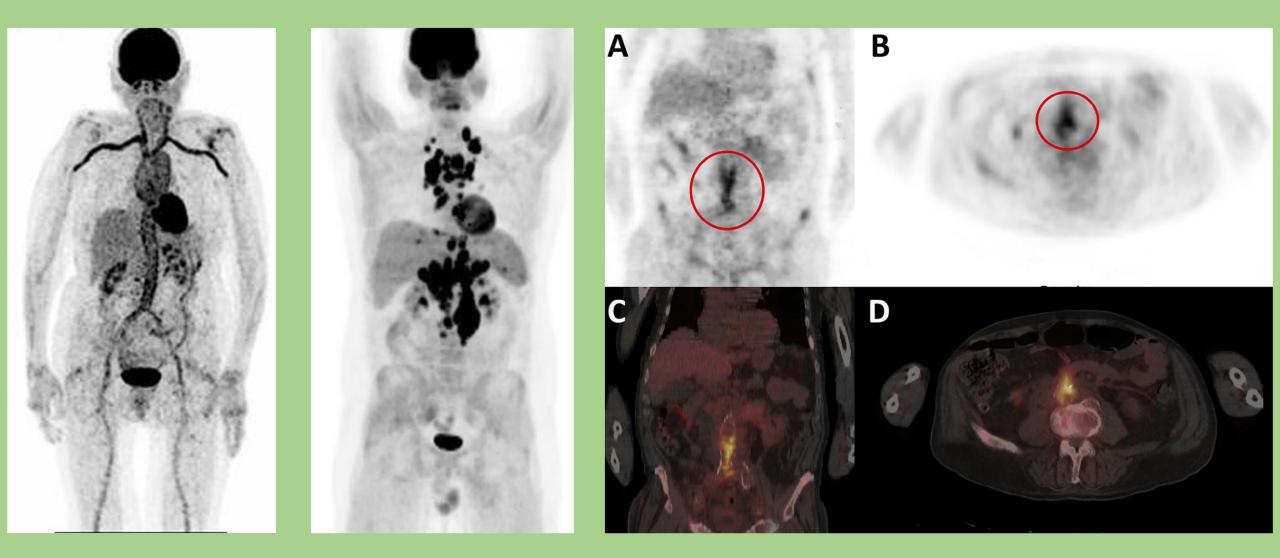
- 140 patients
- Emboli/infection was found in 69 patients (49.3%)
- Portal of entry was detected in 33 patients (23.6%)
- Management modification in 37 patients (24.6%)
 - antibiotic therapy (modification of duration and/or of type) in 22 patients
 - Surgical management (surgery postponed, advanced, indicated, or canceled) in 7 patients)
 - Both in 5 patients
 - Other aspects in 3 patients



Defibrillator Lead Infection With Lung Septic Emboli



Detection of other cause for fever



Prognostic significant of FDG PET/CT in patients with IE

- 18F-FDG PET/CT is predictive of major cardiac events in prosthetic valve endocarditis and new embolic events within the first year following IE. (J Am Coll Cardiol 2019;74:1031–40).
- Moderate to intense valvular FDG uptake was assocaited with worse outcome.

Future prostectives

- FDG PET/MRI for native valve
- Dynamic FDG PET/CT (infection or inflammation)
- AI (infection or inflammation)
- FDG PET/CT guided therapy
 - Monitoring effect of treatment
 - Guiding therapeutic decision making:
 - changing antibiotic dose.
 - switching to a different therapeutic strategy.
 - deciding when treatment can safely be stopped.